

IQRA



**ANNUAL
MAGAZINE
2025 - 26**



**29TH
EDITION**



CHINIOT ISLAMIA PUBLIC SCHOOL & COLLEGE

MAIN UNIVERSITY ROAD, KARACHI.



Chiniot Anjuman Islamia

With a rich ancestral heritage of the service to humanity, the Chiniot Anjuman Islamia, a welfare organization was established by the philanthropists of Chiniot Sheikh Biradary so as to serve the nation by providing quality education and health services ex-gratia or at a very low cost to the masses of the country irrespective of caste or ethnic affiliation.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



**WHO WE ARE?
WHAT WE DO?**



**WHAT WE
ASPIRE TO BE?**

OUR VISION

Chiniot Islamia Public School & College aims to become a leading institution of excellence in education, committed to nurturing future leaders with knowledge, character, and integrity.



OUR MISSION

Chiniot Islamia Public School & College aims to provide high-quality, affordable education in a safe and inclusive environment. We aim to inspire academic success ethical values, and independent thinking. Empowering students to thrive as responsible, compassionate citizens.



OUR CORE VALUES

Fostering intellectual growth and social skills through a holistic approach that integrates academic rigour with universal Islamic values ensuring moral and personal development.





Dr. Allama Mohammad Iqbal
[A poet, philosopher, politician,
lawyer and scholar]
Message to the Youth

دیارِ عشق میں اپنا مقام پیدا کر
نیا زمانہ، نئے صبح و شام پیدا کر

**Be aware of your own worth, use all of
your power to achieve it. Create an
ocean from a dewdrop. Do not beg for
light from the moon, obtain it from the
spark within you.**

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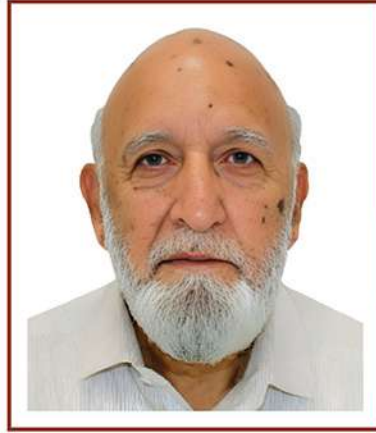
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CHAIRMAN'S MESSAGE



Mr. S. M. Naseem

Chairman
Chiniot Anjuman-e-Islamia

It gives me great pleasure to share this message in the Annual Iqra Magazine of Chiniot Islamia Public School and College (CIPS&C).

I am delighted to note that our institution's magazine is celebrating 29 successful years, showcasing the creativity, talent, and achievements of our students, as well as their curricular and co-curricular activities. During this successful journey of almost three decades, CIPS&C has crossed many milestones.

Our management and faculty continue to play a pivotal role in introducing advanced learning methods through the latest technology at CIPS&C. The remarkable academic results and success stories we celebrate today would not have been possible without the continuous efforts of the Principal and the entire team. **Well done, the CIPS&C Team, and heartiest congratulations to all our brilliant students.**

In a rapidly evolving world, CIPS&C remains committed to preparing students for future challenges. At CIPS&C, we offer an educational environment that keeps pace with technological advancements.

You will be glad to know that we are also planning to establish new branches of CIPS&C in Karachi to extend high-quality educational opportunities.

I encourage our students to embrace modern innovations and contribute to the progress of our beloved country, Pakistan, at national and international levels.

On this occasion, I pay heartfelt tribute to our beloved brother, the late **Mr. Muhammad Naseem Shafi**, Former Chairman of Chiniot Anjuman Islamia and Former Chairman of the Executive Committee of CIPS&C, who passed away in July 2025. His dedicated welfare services, contributions, vision, and guiding principles will always be remembered. May Almighty Allah grant him the highest place in Jannat-ul-Firdaus. Aameen.

Wishing you all the best.

S. M. Naseem
Chairman and Founder Member
Chiniot Anjuman Islamia

IN MEMORIAM
OF OUR
FOUNDING
PILLAR



Muhammad Naseem Shafi Sahib

Former Chairman Chiniot Anjuman
Islamia and Chairman Chiniot
School Executive Committee

It is with deep sorrow and a profound sense of loss that we inform the Chiniot Islamia family of the passing of our esteemed Chairman and guiding light, Mohammad Naseem Shafi Sahib.

To every student who has walked through these halls, sat in these classrooms, and played on these grounds, Mr. Shafi was more than a name on a board; he was the very architect of the environment you learn in. As the pioneering Chairman of the Chiniot School Executive Committee, he dedicated his life to a single, powerful mission: providing you with the gift of exemplary education.

He envisioned this institution not just as a place of academic learning, but as a nurturing ground for character, integrity, and leadership. The walls you see, the labs you experiment in, and the library you explore all stand as a testament to his vision, his perseverance, and his deep love for the youth of Chiniot School.

Every success you achieve, every goal you accomplish, carries a part of his legacy forward. He believed in your potential even before you saw it in yourselves. His greatest dream was to see you grow into confident, knowledgeable, and ethical individuals who would make a positive difference in the world.

While he may no longer be with us physically, his spirit lives on in the echo of the school bell, the rustle of pages in our library, and the collective ambition of every student. We have not just lost a Chairman, we have lost a guardian, a visionary, and a true educational hero.

May Allah (SWT) grant his soul eternal peace in Jannat-ul-Firdous, envelop him in His infinite mercy, and give strength and patience to his grieving family.

“The finest of deeds are those that continue to benefit others long after we are gone.”

The Principal, Faculty Staff, and Students of Chiniot Islamia Public School and College.



FROM THE PRINCIPAL'S DESK

It is with a profound mix of pride and contentment that I present the 29th edition of the Iqra Magazine. This publication serves as a vibrant testament to the creativity and dedication of our school community; however, its release is overshadowed by a tremendous loss.

We begin by paying solemn tribute to the late Mr. Muhammad Naseem Shafi, Chairman of Chiniot Anjuman Islamia. His visionary leadership, unwavering commitment to educational excellence, and deep devotion to this institution were the cornerstones upon which our present successes are built. He was a true patron of learning whose wisdom and guidance steered Chiniot School and College toward its esteemed reputation. While his physical presence is profoundly missed, his enduring legacy continues to inspire our mission and will forever be etched in the annals of our history.

It is in his memory that we dedicate this edition, celebrating the very spirit of inquiry and achievement he championed. I extend my profound gratitude to the editorial board for their meticulous efforts in curating this exceptional compendium of literary and artistic expression. Your commitment to elevating the diverse voices within our community is truly commendable.

To our budding authors and artists, I offer my sincerest admiration. Your contributions not only enrich the fabric of this magazine but also serve as an inspiration to your peers, encouraging them to explore the boundless realms of their own creativity.

At Chiniot School and College, we continue to take great pride in our holistic educational philosophy, which seamlessly integrates rigorous academics with a rich tapestry of co-curricular activities—a vision passionately upheld by our institution.

Our commitment extends beyond academic excellence to the foundational development of ethical character. This is realized through a dedicated ethics curriculum, the strategic integration of cutting-edge technology, including artificial intelligence, and a structured martial arts program that promotes discipline. These initiatives, which Mr. Shafi strongly supported, have yielded remarkable results.

I am steadfast in the conviction that the synergistic efforts of our devoted faculty and the boundless potential of our students will continue to honor his memory and propel our institution toward unprecedented heights.

May this message inspire you to strive for excellence, believe in your potential, and pursue your aspirations with unwavering conviction.

My heartfelt appreciation extends to every individual who has contributed to bringing this splendid publication to fruition.

**Principal,
Brig. Mirza Khawar Baig SI (M) R**

EDITOR'S *Note*



Dear readers,

Greetings to you

Here is yet another edition of your favourite magazine, for which you always wait anxiously. I feel immense pleasure in expressing my gratitude to our valued stakeholders who shared positive feedback on the previous issue. Your feedback is our strength. Every success is the result of teamwork; without sincere cooperation, one is unable to achieve goals. I am proud of my team, including Ms. Nuzhat Ruby and Ms. Asma Naz, who proved to be perfect choices. Last but not least, I extend my gratitude for the support of our honourable Principal, Brig. (R) Mirza Khawar Baig, SI (M), for trusting me.

“In the presence of trouble, some buy crutches; others grow wings.” You may fall into problems, but these are meant to test you and bring out your best. The real difficulty is that some of us stop trying during challenging times. We should always face challenges with the question, “How can we?” rather than “Why can we not?”

Patience, willpower, determination, courage, and confidence are sterling qualities of the mind that are indispensable in the struggle of life. The lives of great people are nothing but success stories, proving that sooner or later, the person who wins is the one who believes he can. Therefore, maintain a positive attitude, for by being an optimist, you can turn scars into stars and win laurels in life.

Remember that “Destiny is not a matter of chance; it is a matter of choice. It is not a thing to be waited for; it is a thing to be achieved.”

As we all know, a magazine mirrors a school, its aims, and its objectives. It highlights events, activities, academic skills, and achievements. In this edition, we have tried to capture this month's excitement and activities. I hope the magazine encourages many more students to use it as a platform to express their creativity. I sincerely hope that this month's edition offers interesting material for readers to enjoy.

Results Synopsis

SECTION CLASS: 0-3 2016 TO DATE

BATCH	YEARS	PASSED %	A ONE	A	B	C	D	E	U
1	2016	100	9.4	47.0	33.3	7.7	1.7	0.9	0.0
2	2017	100	8.6	38.3	33.3	17.3	2.5	0.0	0.0
3	2018	100	22.2	56.6	18.2	3.0	0.0	0.0	0.0
4	2019	100	14.3	43.7	31.0	9.5	1.6	0.0	0.0
5	2020	100	14.4	43.9	24.5	13.7	1.4	2.2	0.0
6	2021	100	45.0	24.0	22.0	5.0	3.0	1.0	0.0
7	2022	100	33.3	27.6	26.4	11.5	1.1	0.0	0.0
8	2023	100	7.7	35.0	31.6	20.5	4.3	0.9	0.0
9	2024	100	22.2	41.9	27.4	6.0	1.7	0.9	0.0
10	2025	100	16.0	37.0	30.0	15.0	2.0	0.0	0.0

SECTION CLASS: SSC-II 2016 TO DATE

S. No.	YEARS	NUMBER APPEARED	PASSED %	A ONE	A	B	C	D	E	F	HIGHEST
1	2016	139	100%	66 (47%)	67 (41%)	14 (10%)	02 (1%)	-	-	-	769
2	2017	134	100%	84 (63)	38 (28.4%)	10 (7.5%)	02 (1.5%)	-	-	-	780
3	2018	137	100%	99 (72.35%)	32 (34.4%)	04 (2.9%)	02 (1.4%)	-	-	-	782
4	2019	133	100%	109 (82%)	20 (15%)	04 (3%)	-	-	-	-	782
5	2020	122	100%	79 (65%)	37 (30%)	06 (5%)	-	-	-	-	782
6	2021	140	100%	100 (71%)	26 (19%)	11 (9%)	02 (1.4%)	1 (0.7%)	-	-	837
7	2022	141	100%	124 (88%)	17 (12%)	-	-	-	-	-	1052
8	2023	161	100%	97 (64.24%)	43 (28.5%)	11 (7.28%)	-	-	-	-	998
9	2024	169	100%	90 (56%)	49 (30%)	16 (10%)	04 (0%)	-	-	-	1008
10	2025	146	100%	88 (61%)	46 (32%)	09 (6%)	2 (1%)	-	-	-	997

ALUMNI (Testimonial)

From Classroom to Career A Journey Shaped by Chiniot Islamia Public School



I feel truly honoured to be an alumnus of Chiniot Islamia Public School, where I completed my matriculation in 2006. Looking back, I can say with certainty that this institution played a defining role in reshaping my life. It was here that my foundation was built—not only in academics but also in discipline, confidence, and the values that continue to guide me today.

The teachers at Chiniot were more than instructors; they were mentors and role models. Their dedication, patience, and encouragement helped me believe in my potential and nurtured the habit of consistent effort. I still carry with me the lessons they taught: never to give up, to stay humble in success, and to keep striving for improvement. These principles became the cornerstones of my journey.

After graduating, I pursued higher education in business administration, including an MBA. Later, I enhanced my skills further by completing a Diploma in Big Data Analytics from IBA Karachi and earning a Google Advanced Business Intelligence Certification, jointly sponsored by IBA and Google. These opportunities opened new vistas for me in the field of data and analytics.

Today, I am proud to serve as a Manager at Indus Hospital & Health Network, where I lead initiatives in hospital data integrity, dashboard development, and process optimization. My work directly impacts healthcare delivery, ensuring that data-driven insights improve patient care and organizational efficiency. It is deeply fulfilling to know that my contributions help strengthen systems that deliver quality care to thousands of people free of cost every day.

What makes Chiniot Islamia truly remarkable is its holistic approach, shaping both character and intellect. It did not just prepare me for exams; it prepared me for life. The values of discipline, service, and resilience that were instilled in me here continue to light my path forward.

I will always remain deeply grateful to my teachers and the school for their unwavering support and guidance. For me, Chiniot Islamia Public School was not just an institution; it was the place that transformed my outlook, gave me direction, and set me on the path to success.

Best Regards,

Hamza Iqbal

Batch of 2006

Brilliance Beyond Time

The Great Inventions of Muslim Scientists



Emaan Musfirah
XII-B

Muslim scientists, inventors, and scholars made groundbreaking contributions during the Islamic Golden Age (8th to 14th centuries) and beyond. Their discoveries and innovations laid the foundation for many aspects of modern science and technology. Here are four remarkable inventions and breakthroughs by Muslim scientists that changed the world.

1. Algebra

By Al-Khwarizmi

Scientist: Muhammad ibn Musa Al-Khwarizmi (9th century)

Contribution: Known as the Father of Algebra, Al-Khwarizmi wrote *Kitab al-Jabr wa-l-Muqabala*, introducing systematic solutions to linear and quadratic equations.

Impact: The word algebra originates from *al-jabr* in his book, which laid the groundwork for modern mathematics.



2. Surgical Instruments

By Al-Zahrawi

Scientist: Abu al-Qasim Khalaf ibn al-Abbas Al-Zahrawi (10th-century Andalusia)

Contribution: Authored *Al-Tasrif*, a 30-volume encyclopedia of medical knowledge. He designed over 200 surgical instruments, many resembling those used today.

Impact: His surgical techniques and tools were studied and applied in Europe for hundreds of years.



3. Camera Obscura

By Ibn al-Haytham

Scientist: Ibn al-Haytham (Alhazen) (10th–11th century)

Contribution: Explained how vision works through light rays entering the eye and developed the first accurate theory of optics.

Invention: Created the camera obscura, forming the basis for modern photography and cameras.

Impact: Pioneered experimental physics and the scientific method.



4. Flying Device

By Abbas Ibn Firnas

Scientist: Abbas Ibn Firnas (9th-century Andalusia)

Contribution: Attempted one of the earliest recorded experiments in human flight using a silk-and-wood glider.

Impact: Though his flight was brief, his innovation inspired later advancements in aeronautics and engineering.



Essential Transition words for Writing



Maham Zubair

IX D

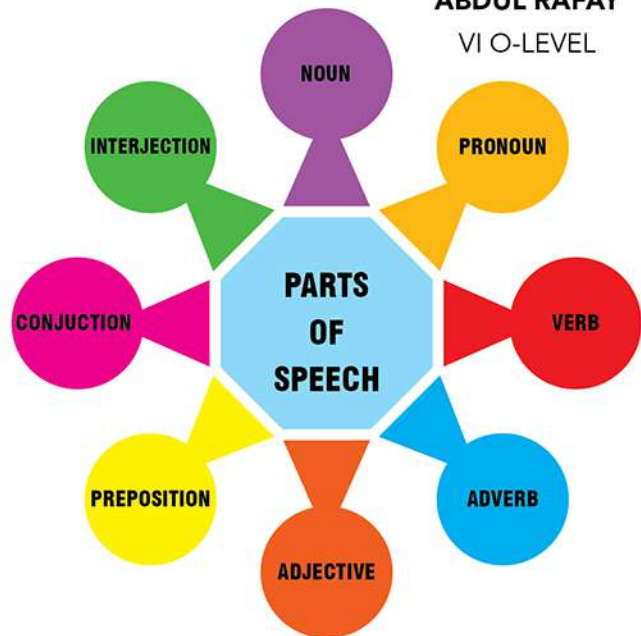
- And:** Moreover, Furthermore, In addition
But: However, Nevertheless, On the contrary
So: Therefore, Consequently, As a result
Because: Since, Owing to, Due to
Like: Similarly, Likewise, Correspondingly
Also: Additionally, Besides, What's more
Even though: Although, Albeit, Though
That's why: Hence, Thus, Accordingly
Really: Indeed, Undoubtedly, Significantly
Very: Extremely, Exceptionally, Remarkably
Before: Prior to, Earlier, Previously
Then: Afterward, Following that, Thereafter
Or: Alternatively, Otherwise, Conversely
When: Whenever, At the time, As soon as
While: Whereas, Meanwhile, At the same time
Next: Subsequently, Thereafter, In succession
After: Later, Following, Afterward
During: While, Throughout, In the course of
At first: Initially, To begin with, In the beginning
At last: Finally, Ultimately, In the end
For example: For instance, Namely, To illustrate
For this reason: Due to this, Owing to this, On this account
In contrast: Conversely, On the other hand, Differently
In conclusion: To sum up, All in all, Ultimately...
As well as: Along with, Together with, Coupled with
Not only: but also Besides that, In addition to that, Moreover
Despite: Regardless of, In spite of, Albeit
Instead of: Rather than, In place of, As an alternative to
As soon as: The moment, Instantly, Immediately
No doubt: Undoubtedly, Without a doubt, Surely
Most importantly: Above all, Chiefly, Primarily
Especially: Particularly, Notably, Specifically
To clarify: In other words, That is to say, Namely
On the whole: Generally, Overall, Broadly speaking

The Song of the Parts of Speech



ABDUL RAFAY

VI O-LEVEL



Every name we ever call,
 Is a noun, the name of all —
 Of field and fountain, street and town,
 Each place or thing we call a noun.

In place of nouns, the pronouns stand —
 As he and she can clap their hand.

An adjective describes a thing,
 Like magic wand or bridal ring.

A verb means action — something done,
 To read and write, to jump and run.

Adverbs tell how things are done,
 Like quickly, slowly, badly, well, or fun.

Prepositions show relation clear,
 As in the street or at the pier.

Conjunctions join, in many ways,
 Sentences, words, or phrases' maze.

The interjection cries out — "Hark!
 Don't forget your exclamation mark!"

Riddles



Fatima Tariq
I-D

1. What has keys but can't open locks?
2. What starts with an E, ends with an E, but only contain one letter?
3. What is always coming but never arrives?
4. What has a head, a tail, but no body?
5. What has to be broken before you can use it?
6. What has a face and two hands but no arms or legs?
7. What can you catch, but not throw?
8. What is black and white and read all over?
9. What goes up but never comes down?
10. What is always moving, yet never moves?



**See Answer On
Page No. 12**

Unplug to Reconnect Discovering Life Beyond Screen

Namirah Noor
X - D

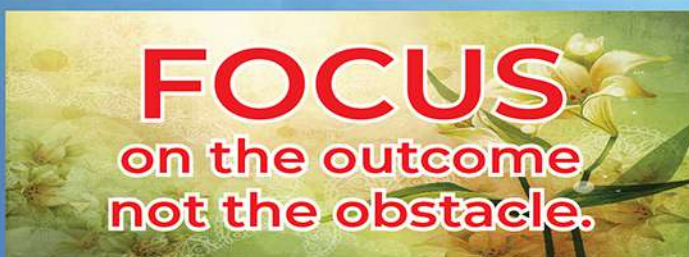
In today's tech-driven world, it's easy to spend hours glued to our devices — scrolling through social media, binge-watching shows, or playing games. But have you ever wondered what you're missing out on when you're constantly behind a screen?

"Almost everything will work again if you unplug it for a few minutes... including you." – Anne Lamott

A WORLD WAITING OUTSIDE

Life beyond screens is full of wonder — the rustling of leaves, the sparkle of stars, the laughter of friends, and the feel of a good book in your hands. These small moments remind us that real joy often comes without a Wi-Fi connection.

- *Instead of chasing levels in video games, why not chase a ball on the field?*
- *Instead of watching someone else's story, why not create your own?*
- *Instead of sending emoji, try sharing a real smile.*
- *Fun Fact: Spending just 20 minutes outdoors can improve your mood, boost your memory, and help you concentrate better.*



Ancient History General Knowledge



Laiba Khan

XII-B

1. Who is considered the "Father of History"?
2. Which river is associated with the Harappan Civilization?
3. The invention of the wheel is credited to which ancient civilization?
4. Which civilization is known for creating the first alphabet?
5. Which ancient civilization built the city of Machu Picchu?
6. What was the main language of the Roman Empire?
7. Who was the founder of the Maurya Empire in India?
8. The Epic of Gilgamesh is associated with which civilization?

See Answer On Page No. 25

Students' Knowledge



Hussain Raza

II-B

1. Which Greek city was known for its military-oriented society?
2. What term is used for large tomb structures built by the ancient Egyptians?
3. The Great Pyramid of Giza was built for which pharaoh?
4. The Rosetta Stone helped scholars to decipher which ancient script?
5. The ancient city of Carthage was located in which modern country?
6. Who was the last Pharaoh of Ancient Egypt?
7. Confucius lived during which Chinese dynasty?

See Answer On Page No. 25



Tongue Twisters

Umaima Kamran

VIII-D



1. Five feisty felines fighting for Freddy's fancy fritters.
2. Percy the penguin picked plenty of puzzling pebbles.
3. Seven sleepy sailors singing silly songs in Shanghai.
4. Big black bugs bled buckets of bloody blueberry juice.
5. Freddy's fearless firefighters fetched frightened felines from fiery flats.
6. Thirty-three thirsty thrushes thundered through thorny thickets.
7. Crazy creatures crafted curious contraptions with copper coils.
8. Lucky Lucy loaded large lavender Lorries with luscious lemons.
9. Brisk brave bakers baked batches of buttery biscuits.
10. Gracie's gifted geese gobbled gallons of glorious grain.



Muhammad Tabish
V-B

“Artificial Intelligence The Smart Friend of the Future”

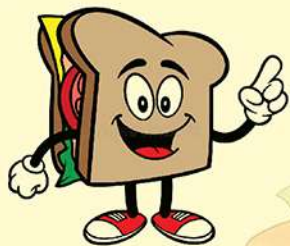
Artificial Intelligence (AI) is when computers and robots learn and think like humans. They can answer questions, solve problems, and even communicate like people.

AI works by learning from data, such as pictures or videos. For example, if a computer sees many pictures of cats, it can learn to recognize a cat in a new photo.

We use AI in many places, such as Google Assistant, YouTube, and Google Maps. It helps us save time, study better, and enjoy fun apps. AI can even be useful in hospitals, schools, and games.

But we must be careful. AI can make mistakes or give wrong answers if it learns from bad data. Also, we should not depend too much on it—we should still think and learn on our own!

AI is a powerful tool. If we use it wisely, it can make our future bright and smart.



The Talking Sandwich

SYEDA HADIA WASTI
VIII-D



One day, Ali packed his lunch for school—a big sandwich stuffed with cheese, lettuce, and tomatoes. He carefully put it in his bag and went off. At lunchtime, Ali opened his lunchbox. To his surprise, the sandwich said, "Finally! Some fresh air! Do you know how hard it is to breathe under that lid?" Ali's eyes widened in surprise. "You can talk?!"

"Of course," the sandwich replied proudly. "I'm the smartest sandwich in the world." Ali grinned. "Well, if you're so smart, what's $2 + 2$?" The sandwich thought for a moment before responding, "Easy! $2 + 2 = \text{more sandwiches!}$ " Ali laughed so hard that even the juice box rolled off the table.

But just as Ali was about to take a bite, the sandwich shouted, "Wait! If you eat me, you'll fail your maths test tomorrow!" Ali raised an eyebrow. "And if I don't eat you?" The sandwich thought for a moment and whispered, "Then I'll get moldy... and you'll still fail your maths test." Ali chuckled and said, "Nice try, Mr. Sandwich. But I'm hungry!" And with that—chomp!—Ali passed his test the next day anyway.

Moral of the story: Don't trust a sandwich that talks too much—it's probably just trying to save itself!

Be Brave and Proud

A Message for Pakistani Children

SAFIA FARHAN
IX-E



Dear Children, Pakistan is a beautiful and brave country filled with people who love their homeland deeply. Today, our nation needs strong and courageous children like you—children who study hard, dream big, and strive to do great things for Pakistan. In 2025, Pakistan and India faced a difficult war, which was a challenging time for all of us. Our brave soldiers stood firm and protected the country with courage and sacrifice. This difficult period taught us the importance of unity, strength, and love for our nation.



Now more than ever, Pakistan needs its younger generation to be brave, work hard, and help build a peaceful and prosperous future. Life is not always easy, and we all face challenges, but remember that every success begins with courage and determination. You have the power to make Pakistan proud. Whether you are studying honestly, helping your family, respecting your teachers, or showing kindness to others, you are playing an important role in shaping the future of your country.

HOW TO CLEAN A WOUND AT HOME

Staff Nurse
Sidra Yousuf



First, wash your hands thoroughly with soap and clean water.

Gently rinse the wound with clean water or a saline solution to remove dirt and debris.

Clean the surrounding skin with mild soap and water, avoiding getting soap inside the wound.

After cleaning, apply a thin layer of antibiotic ointment.

Cover the wound with a sterile bandage to protect it from infection.



Riddles Answers:

- | | | | |
|-------------|----------------|-------------|----------------|
| 1. Piano | 2. An envelope | 3. Tomorrow | 4. A coin |
| 5. An egg | 6. A clock | 7. A cold | 8. A newspaper |
| 9. Your age | 10. A shadow | | |





MY TEACHER

MY GUIDING LIGHT

My teacher makes everyday a happy day.
 A Teacher's smile makes learning magical.
 My Teacher's hugs make everything better.
 A Teacher is like a rainbow, bringing colours
 to our day.
 A Teacher's love help us to grow strong and
 smart.
 My Teacher is the sunshine in my school day.
 Teachers help us dream big dreams.



Abu Bkar Khan
I-B



THE MAGICAL WORLD OF

LEGO



Jareem Mustafa
III-A

LEGO is my favorite toy in the whole world. I can spend hours with it without getting bored. What I love most is that it's not just a toy; it feels like magic bricks that can turn into anything I imagine.

There are so many special LEGO themes that make building even more exciting. I really enjoy LEGO Technic because it lets me build cars, trucks, and machines with moving parts. It feels like I am making real engineering projects! I also like LEGO City because it helps me build houses, police stations, and airports. Then I can play with them like a small town of my own.

Sometimes I follow the instructions to build the sets, but what I enjoy even more is free building. I take random pieces and start creating without a guide. That's when I make robots, spaceships, or even things nobody has ever seen before. Free building makes me feel very creative because there are no limits to my imagination.

Playing with LEGO also helps me in real life. Joining the tiny pieces together improves my motor skills and makes my hands and fingers steadier. It teaches me patience, problem-solving, and how to keep trying until I succeed.

LEGO is more than just fun for me; it's my passion, my way of exploring, and my way of building a whole new world with my own hands.

CELEBRATING TOGETHERNESS

THE SPECTACULAR 2ND FUN GALA AT

CHINIOT ISLAMIA PUBLIC SCHOOL & COLLEGE



Amna Ghouri
VIII-D

Last year, Chiniot Islamia Public School & College successfully hosted its inaugural Fun Gala, which proved to be a huge success. Building on that momentum, the school organized its 2nd Fun Gala, an event that exceeded expectations and left a lasting impression on everyone who attended.

A Day of Unforgettable Fun

The 2nd Fun Gala was a day filled with excitement, entertainment, and enjoyment. Students, teachers, and guests came together to participate in a wide range of activities, including vibrant stalls, engaging games, and a lively clothes sale. The event was designed to promote socialization, teamwork, and creativity—and it certainly delivered.



Stalls and Games: A Hit with Attendees

The stalls were among the main attractions, offering a variety of products and services that catered to different interests. The games were also a huge success, providing opportunities for friendly competition and teamwork. Attendees thoroughly enjoyed participating in the activities, creating memories that will last a lifetime.

Fun Clothes Sale: A Fashion Extravaganza

Another highlight of the event was the fun clothes sale, which featured a wide range of trendy and stylish outfits. Attendees had the opportunity to explore fashionable clothing and accessories, expressing their personal style and creativity.

A Celebration of Community and Joy

The 2nd Fun Gala was more than just a school event — it was a celebration of community and joy. It brought together people from different backgrounds and age groups, reflecting the school's commitment to promoting unity, social responsibility, and community involvement. The event was also a testament to the school's dedication to providing a well-rounded educational experience that extends beyond academics.

A Day to Remember

Overall, the 2nd Fun Gala was a spectacular celebration that surpassed all expectations. It was a day filled with laughter, learning, and joy — one that will undoubtedly remain a cherished memory for all who attended.

SADQAH

Prophet Muhammad (Peace Be Upon Him)

Said "Protect yourself from hell-fire even by giving a piece of date as chairty."
(Bukhari and Muslim)

CHATGPT AND THE DEATH OF CRITICAL THINKING



Amna Baig
XII-B

We spend half our day with ChatGPT. Now, it has become not just a tool but also a wise therapist and best friend. This shift is quite surprising because, even before ChatGPT, we managed to survive without such technology. Prior to the advent of AI systems, we did not feel the need to refine our essays, notes, or sentences, or to respond professionally when communicating online; we simply wrote things ourselves.

However, today, for many of us, there is a strong reliance on ChatGPT for nearly every task. Perhaps this is the point at which AI tools begin to hinder our critical thinking, making us mentally sluggish. According to a UBS study, AI has become the fastest-growing consumer app in history. More than 80 Fortune 500 companies are now experimenting with AI tools. Microsoft has even invested over \$10 billion in OpenAI.

An AI race is underway among tech companies, each vying to produce the best AI model. Open any mobile app, and you will likely find an AI feature integrated within it. Everywhere we look in this technological landscape, AI challenges us directly.

In a 2025 research survey involving 319 employees, Microsoft found that cognitive abilities had significantly changed after adopting AI tools. Rather than searching for and understanding information independently, workers began relying on AI for information and verification. If we depend solely on AI, we may lose confidence in our own knowledge. The more we rely on AI, the less we engage in critical thinking. Relying excessively on AI tools diminishes our problem-solving abilities.

The danger is not that AI will replace us, but that it might make us complacent if we allow it to replace our thinking instead of enriching it. The distinction lies in how we choose to use AI and, more importantly, how aware we remain while doing so. The real threat is that we may stop developing the aspects of ourselves that matter most, simply because it is faster and easier to let machines do the work. Let's not allow that to happen.

Words of WISDOM

1. If you change the way you look at things, the things you look at change.
2. If you don't like the road you're walking, start paving another one.
3. You have to fight through some bad days to earn the best days of your life.
4. Some people want it to happen, some wish it would happen, others make it happen.
5. You define your own life. Don't let other people write your script.

EXPLORING THE HARMONY BETWEEN ISLAM AND PHYSICS

Ms. Rana Jameel (O'LEVEL Section)



Islam and physics have a complex relationship, encompassing both philosophical and historical dimensions. Historically, Islamic scholars made significant contributions to physics, emphasizing experimentation and observation. Philosophically, many Muslims view the study of physics as a religious duty, seeing scientific discoveries as a means to better understand and appreciate God's creation. Some Islamic theological perspectives even find resonance with interpretations of quantum physics, suggesting that human consciousness and the interconnectedness of reality align with certain metaphysical concepts.

Islam generally encourages scientific progress, viewing the study of physics and the development of artificial intelligence (AI) as potential avenues for beneficial knowledge ('ilm- nāfi') and the advancement of human welfare, provided these endeavors align with Islamic values and the Sharia objectives of preserving life, intellect, religion, lineage, and property. While no specific verses in the Quran mention AI, the pursuit of knowledge and understanding the universe is considered a virtuous act, and technological advancements can be harnessed to serve the community's maṣlaḥa (public good). However, Islamic thought also emphasizes the uniqueness of human consciousness and free will, which distinguishes humans from artificial agents, and stresses that intelligence is intertwined with consciousness and the soul, not merely a computational function.

The Fragrance of Language The Essence of English

MS. Summia Azam
Primary Section



As we know that "Perfume is the language of scent", speaking without words and "English is the Perfume of the thought", carrying the essence of ideas through sound and symbol.

It is true that Perfume appeals directly to the senses, triggering emotions, memories and English engages the mind and imagination, evoking ideas, imagery and emotional responses through words, rhythm and phrasing.

You know while creating a Fragrance requires blending raw materials (essential oils, synthetics) while crafting English Language involves combing words, grammar and style to produce poetry or storytelling.

As we have seen Perfume comes in countless fragrance families (floral, woody, citrus) etc. each with unique blends while English has dialects, accents, and slang (British, American, Australian) etc. each with its own flavor.

Both Perfume and English are rich, evolving, and deeply personal. "One delights the nose, the other the mind, but both have the power to charm, confuse, and leave a lasting impression".

REMEMBER: There is no end to education. It is not that you read a book, pass an examination, and finish with education. The whole of life, from the moment you are born to



Hafsa Khan
VIII-D



Reasons to Love Pakistan

From the peaks of K2 to the shores of the sea,
Pakistan's beauty calls to me.
Emerald fields where rivers flow,
In every heart, a love will grow.
The colors of the flag — green and white —
Symbolize peace and hope, shining bright.
In every province, traditions run deep,
A rich history that we proudly keep.
From bustling cities to quiet towns,
Hospitality is where joy abounds.
Cultural treasures, both old and new,
Our art and music, forever true.
We cherish the freedom that our heroes won,
In every heart, their legacy lives on.
From ancient ruins to modern day,
In Pakistan, pride will always stay.
So many reasons, countless to tell,
In this land of ours, where spirits swell.
Pakistan, my home, forever you'll be,
A symbol of love, for all to see.

Connecting with Nature

"Connecting with Nature"

Nature is not a place to visit; it is home.
Nature is the purest portal to inner peace.
We can never have enough of nature.
We wonder at nature, and nature wonders us.
Life is better with a little bit of nature.
Sometimes, nature is all you need.



M. AYAN MALIK
IX -C



Sawm

A JOURNEY OF SPIRITUAL GROWTH

Sawm refers to fasting. Muslims are required to fast during Ramadan, the ninth month of the Islamic calendar. During the 29 or 30 days of Ramadan, all adult Muslims must give up food or drink of any sort during the hours of daylight. There are many good reasons for this fast, including obeying God, learning self-discipline, becoming spiritually stronger, appreciating God's gift to us, sharing the sufferings of the poor and developing sympathy for them, realizing the value of charity and generosity, giving thanks for the Holy Qur'an, which was first revealed in the month of Ramadan, and sharing fellowship with other Muslims



Emaan Mughal
1-D



My school is very nice.
It has many rooms and a big playground.
There are flowers and trees in the garden.
I go to school every day.
My teachers teach me reading, writing, and drawing.
We sing songs and learn new things.
I have many friends in my class.
We play and share lunch together.
I love my school very much!

GENERATION ALPHA PIONEERS OF A NEW DIGITAL ERA

IFRA IRSHAD
VII-D



There are many generations in this world from beginning until the end. No matter if it is 1990 or 2050, scientists are still searching for more generations.

There are several generations such as:

1. The Greatest Generation (1901-1927)
2. The Silent Generation (1928-1945)
3. Baby Boomers (1946-1964)
4. Generation X (1965-1980)
5. Generation Z (1997-2005)
6. Generation Alpha (2010-2024)
7. Generation Beta (2025-2039)



Today we are going to talk about generation Alpha- their personality traits and why this generation is called Generation Alpha. The group born roughly between 2010 and 2025, is often characterized by being tech savvy, socially conscious, and individualistic. They are "digital natives," comfortable with technology and quick to learn new platforms and they are increasingly aware of issues like climate change and social justice. Their social media usage, while sophisticated, is also more cautious, with a greater focus on privacy and online safety. Generation Alpha is called this because it represents a new beginning, the start of something fresh. The term "Alpha" is the first letter of the Greek alphabet, and by using it, the designation follows a scientific convention used in naming different scientific fields, like meteorology. This generation is also the first to be fully born in the 21st century and into the third millennium. Additionally, "Alpha" suggests the beginning of a new era, marked by significant technological and social shifts.

MILO'S LUCKY ESCAPE

Sameer Mustafa
III-D (Afternoon)



Milo was a little gray mouse who lived in a cozy hole in the wall of a big farmhouse. Every day, Milo would sneak into the kitchen to look for tiny crumbs and bits of cheese. He loved cheese more than anything else!

One morning, Milo saw a big piece of yellow cheese kept on a shiny plate in the middle of the kitchen. His eyes sparkled. "Yum! That's the biggest cheese I've ever seen!" he said. But as he ran toward it, his best friend Pip the pigeon flew down and said, "Wait, Milo! That looks like a trap!"

Milo stopped. He looked closely. The cheese was sitting under a strange little box, with a string attached. "Hmm..." he said. "Maybe Pip is right." So instead of grabbing the cheese, Milo waited and watched. A few minutes later—snap!—the box fell, and the trap was closed. If Milo had gone in, he would've been stuck!

Milo turned to Pip and smiled. "Thank you for helping me," he said. Pip chirped, "That's what friends are for!" From that day on, Milo always listened carefully and never rushed into things without thinking.

Moral: Always listen to good advice and think before you act.

THE COURAGE TO DREAM LESSONS FROM DON QUIXOTE

Sir Ameer Khan
O'Level Section



Don Quixote was a symbol of courage and the power of dreaming beyond society's limits. Though often seen as foolish, he teaches that true bravery is not about winning, but about standing firm in one's beliefs, speaking the truth, and acting with kindness and hope even when the path is uncertain. Being Don Quixotic means facing fears, doubts, and setbacks with determination and heart, believing that the impossible is simply the untried.

The character encourages readers to embrace their inner dreamer, to imagine a better world, and to act bravely to make it real. Dreamers, doers, and even so-called "fools" are the ones who inspire change, heal divisions, and leave lasting impacts on society. In essence, being Don Quixotic is about seeing the beauty of what could be and striving to make it a reality.

THE HONEST ANT



Aroush Sohail
III D

An ant found a shiny coin and could buy a feast. Instead, he returned it to its owner. The owner rewarded him with food and friendship. The ant learned that honesty leads to unexpected rewards.

Moral : Honesty is the best policy.

A TEACHER IS



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Talented

Educated

Adorable

Charming

Honest

Encouraging

Responsible

THE HUMAN RIGHTS CRISIS IN PALESTINE A CALL TO ACTION

M. Hadi Shaikh
IX - A



Palestine is important for Muslims because it is referred to as the Holy Land in the Quran, the home of numerous prophets like Abraham, Moses, and Jesus, and the location of Masjid Al-Aqsa, the third holiest site in Islam and the former Qibla (direction of prayer) for Muslims. The Quran itself designates Palestine as a "sacred land" or "blessed land". Many prophets, including Abraham, Moses, Solomon, and Jesus, are strongly associated with Palestine, having lived, preached, or performed miracles there. It was the starting point of Prophet Muhammad's miraculous night journey (Isra and Mi'raj).

The situation in Palestine is, at its core, a human rights issue. For decades, Palestinians have endured occupation, displacement, and immense suffering. They have lived under a system that restricts their movement, impacts their livelihoods, and denies them their fundamental rights. Children in both Gaza and the West Bank face severe violations of their rights to life, safety, health, and education under occupation.

We must not be silent in the face of injustice; the call for "Free Palestine" is a call for an end to this occupation. It is a demand that all people, Palestinian and Israeli alike, deserve to live in safety, security, and with equal rights. Support can be offered by donating to vetted organizations, contacting elected officials, raising awareness, and considering ethical travel.

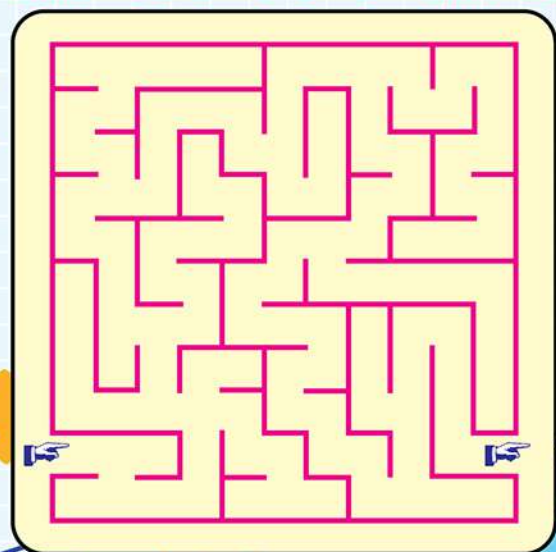
MAY ALLAH PROTECT PALESTINE (AMEEN)

Complete the PUZZLE

Write the shape of names
and complete the puzzle

		s	h		e
t		c			
	p	r	m		
c			d		
s		n	p		m
c		e	w		e
			e		
e					

MAZE GAME



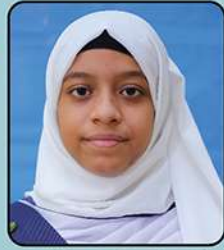
Bilal
IX-A



Haider Khan
II-B



As Long as the Lemon Trees Grow



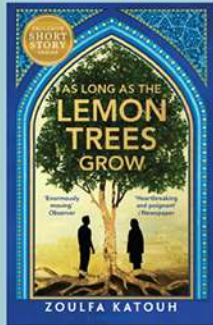
Hiba Sharjeel
XII-B

About the Author

Zoulfa Katouh is the author of *As Long as the Lemon Trees Grow*, a poignant novel set during the Syrian civil war. The book follows Salama, a young woman navigating loss, love, and survival, and highlights themes of trauma, resilience, and the enduring human capacity for hope amid devastation.

Book Review

This powerful novel is set during the Syrian civil war and follows Salama, an eighteen year old medical student struggling with trauma and loss. The author focuses on the emotional impact of war rather than political aspects, making the story deeply personal and moving. Salama's fear is symbolized through a hallucination, effectively portraying the psychological effects of constant violence. The relationship between Salama and Kenan introduces hope and emphasizes the idea of choosing life despite suffering. Overall, the novel is emotional and thought-provoking, highlighting resilience in the face of tragedy. It is beautifully written and has gained a lot of popularity due to its compelling storyline.



IMPROVE YOUR COMPUTER SKILLS



Ayesha Khan
VII-D

Quick Reference Excel CTRL Shortcuts (A-Z)

CTRL + Key	Action
CTRL + A	Select the entire worksheet
CTRL + B	Apply or remove Bold formatting to font
CTRL + C	Copy
CTRL + D	Copy the contents and format of the topmost cell of a selected range into the cells below
CTRL + E	Flash Fill
CTRL + F	Find
CTRL + G	Go To
CTRL + H	Find and Replace
CTRL + I	Apply or remove Italics formatting to font
CTRL + J	Not assigned Still available.
CTRL + K	Open the Insert hyperlink dialog
CTRL + L	Display the Create Table dialog (Alternative is CTRL+T)
CTRL + M	Not assigned. Still Available.
CTRL + N	Create a new Workbook
CTRL + O	Display File Open dialog box
CTRL + P	Invokes Print
CTRL + Q	Display the Quick Analysis options for selected cells that contain data
CTRL + R	Copy the contents and format of the leftmost cell of a selected range into the cells to the right
CTRL + S	Save the workbook
CTRL + T	Display the Create Table dialog (Alternative is CTRL+L)
CTRL + U	Apply or remove Underline formatting to font
CTRL + V	Paste
CTRL + W	Redot the last action
CTRL + X	Cut
CTRL + Y	Repeat the last command or action
CTRL + Z	Undo the last action

"A Heartfelt Tribute to My Teachers"



Mustafa Shoaib
V-D

"You taught me lessons, not just from books, but also how to be kind, think critically, and dream big.

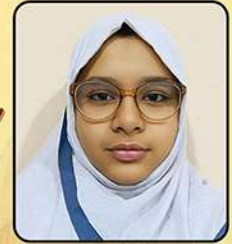
You smiled when I was shy, helped when I was stuck, and cheered when I did well. Because of you, I am ready to fly high.

Thank you for being my guide, my role model, and my second family.

Thank you for helping me grow. I will never forget your kindness!

MAY ALLAH BLESS YOU ALL

"A Mother's Radiant Love"



Tayyaab Khan
VIII-D



"Mother"

Your love was like moonlight turning harsh things to beauty so that little wry souls reflecting each other obliquely as in cracked mirrors... beheld in your luminous spirit their own reflection, transfigured as in a shining stream, and loved you for what they are not. You are less an image in my mind than a luminous presence; I see you in gleams perhaps as star-light on a gray wall.... evanescent as the reflection of a white swan shimmering in broken water.

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Roman Abbasi
VII-D

- I don't care → *Whatever*
- I'm very happy → *I'm thrilled*
- Its not difficult → *It's no big deal*
- I'm scared → *I'm freaked out*
- Don't be stupid → *Don't be ridiculous*
- Tell me → *Fill me in*
- Your first → *After you*
- Be careful → *watch out*
- Go away → *Get lost*
- Come here → *Get over here*
- I'm listening → *I'm all ears*
- Don't lie → *Be honest*
- Be quick → *Make it quick*
- Wait a moment → *Han tight*
- That's Interesting → *That's cool*
- Let's meet → *Let's catch up*
- That's funny → *That's hilarious*
- I don't want it → *I'm good*
- It's boring → *It's dull*

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EXPRESSION THAT SPEAK BEYOND WORDS



Alishba Marium
X-E

IDIOMS

MEANING

- | | |
|-------------------------|-------------------------|
| I'm a homebody. | I like to stay at home. |
| I'm a social butterfly. | I'm very social. |
| I'm a cheapskate. | I hate spending money. |
| I'm a go-getter. | I am energetic. |
| I'm a party pooper. | I don't like fun. |
| I'm a worry wart. | I worry a lot. |
| I'm a chatterbox. | I like to talk a lot. |
| I'm a wimp. | I lack confidence. |
| I'm a big mouth. | I can't keep secret. |
| I'm a people person. | I'm outgoing. |

THE CULINARY CORNER

Easy Homemade Pizza

INGREDIENTS:

1 ready-made pizza base (or use pita bread)
 3-4 tablespoons tomato sauce or ketchup
 1-2 cups shredded mozzarella cheese
 Toppings of your choice (e.g., sliced bell peppers, onions, mushrooms, olives, pepperoni)
 1 teaspoon dried oregano or Italian seasoning
 Olive oil (optional)

INSTRUCTIONS:

Preheat your oven to 200°C (400°F).
 Spread the tomato sauce evenly over the pizza base.
 Sprinkle a generous amount of shredded cheese on top.
 Add your favorite toppings.
 Sprinkle oregano or Italian seasoning for extra flavor.
 Drizzle a little olive oil if you like.
 Bake in the oven for 10-12 minutes, or until the cheese melts and the edges are golden.
 Remove, slice, and enjoy your homemade pizza!



Huda Umer
IV-D



Easy Pancake Recipe for Breakfast Lovers

INGREDIENTS:

- 1 cup all-purpose flour
- 2 tablespoons sugar
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 1 cup milk
- 1 large egg
- 2 tablespoons butter, melted

INSTRUCTIONS:

1. Whisk together flour, sugar, baking powder, and salt.
2. In another bowl, whisk milk, egg, and melted butter.
3. Pour wet ingredients into dry ingredients and stir until combined. Batter should still be slightly lumpy.
4. Heat a non-stick pan or griddle over medium heat.
5. Drop batter by 1/4 cupfuls onto pan.
6. Cook until bubbles appear and edges are dry (2-3 minutes).
7. Flip and cook another 1-2 minutes.

Enjoy your pancakes!



Inshrah Shahkar
VII-E



Simple & Soft Plain Cake Recipe

INGREDIENTS:

All-purpose flour (white flour) – 1 cup
Eggs – 3 (at room temperature)
Sugar – ½ cup (ground)
Baking powder – ½ teaspoon
Vanilla essence – ½ teaspoon
Oil – ½ cup

INSTRUCTIONS:

In a blender or juice jug, add eggs, sugar, and oil. Blend for about 30 seconds. Sift the flour into a mixing bowl. Add baking powder and vanilla essence. Pour the blended mixture into the bowl. Mix gently with a spatula for 2–3 minutes until smooth.

Grease a round or rectangular cake mold, line it with butter paper, and brush oil on the sides. Preheat a heavy-bottomed silver patila (cooking pot) on low flame for 5 minutes. Place the cake mold inside, cover tightly, and bake on low flame for about 30 minutes. Check with a toothpick—if it comes out clean, the cake is ready. Let it cool, then remove from the mold and serve.



Adeen Fatima
XI-B

Brownie Recipe

INGREDIENTS:

- 1 and 1/2 sticks of unsalted butter (12 tablespoons), plus more for greasing the pan
- 2 cups of sugar
- 4 large eggs
- 1/2 cup of unsweetened cocoa powder
- 1 teaspoon of vanilla extract
- 1/4 teaspoon of salt
- 1 and 1/4 cups of all-purpose flour
- 1 cup of semi-sweet chocolate chips
- (Optional) 1/2 cup of chopped nuts (walnuts or pecans work well)

INSTRUCTIONS:

1. Preheat your oven to 350°F (180°C). Grease an 8-inch square baking pan with butter and line it with parchment paper.
2. Melt the butter and sugar in a medium saucepan over low heat, stirring occasionally. Remove from the heat and stir in the cocoa powder until it is well combined.
3. Cool the mixture slightly, then stir in the eggs one at a time. Add the vanilla extract and mix gently.
4. Combine the flour and salt, then fold them into the chocolate mixture until just blended.
5. Add the chocolate chips and nuts (if using), and mix lightly.
6. Pour the batter into the prepared pan and smooth the surface.
7. Bake for 25–30 minutes, or until a toothpick inserted 2 inches from the edge comes out with a few moist crumbs.
8. Cool completely in the pan before cutting into squares.



Amna Ghouri
VIII-D

**Enjoy your delicious
homemade brownies!**

How Social Media Has Transformed Our World



AIRA SADIYA
XI -B

Social media has changed our world in both good and bad ways. It tells us that social media makes it easy for anyone to share information and even become famous through viral videos. But it also has many problems, like fake personalities, misinformation, and content that focuses more on looks than talent. Social media can also affect our minds, making us addicted or lazy, and causing us to compare ourselves to others. In the end, the passage says that social media is powerful, but we must use it wisely by setting limits and choosing useful content that helps us grow.



Book Review Seat 1C



Ms. Uzma Imdad
Senior Secondary Section

When I attended the book reading session of Zafar Masud's Seat 1C, I realized this book is far more than a survivor's account; it's a profound reflection on life, faith, and the meaning of a second chance. Masud, one of only two survivors of the tragic PK-8303 plane crash, emerged from the disaster that claimed 98 lives with a renewed sense of purpose: to be an agent of positive change. He views his survival as a miracle and an expression of Allah's Qadr, with the final 30 seconds before impact transforming his entire outlook toward deeper faith and gratitude.

The book explores ten powerful themes—including Arrogance, Dues, Goodness, Willpower, and Legacy—transforming personal trauma into universal lessons, such as fulfilling emotional obligations and letting go of status. The narrative encourages self-reflection, asking readers how they would live differently if given only thirty seconds.

Through his vulnerability and strength, Masud transforms his tragedy into Sadqa-e-Jariyah (a continuous legacy) of healing and guidance, teaching us to live with humility, gratitude, and intention, defined by the goodness we leave behind.

Students' Knowledge

1. Sparta 2. Pyramid 3. Khufu
4. Egyptian hieroglyphs 5. Tunisia
6. Cleopatra VII 7. Zhou Dynasty

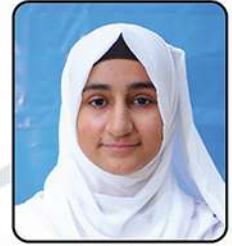
Answer
Key

General Knowledge

1. Herodotus 2. Indus 3. Sumerians
4. Phoenician 5. Inca 6. Latin
7. Chandragupta Maurya 8. Mesopotamian

SELF *Discipline*

The Key to Success



Pariwish Altaf
XII-B

Self-discipline is the ability to control one's actions, emotions, and thoughts to reach meaningful goals. In a world full of distractions, it plays an essential role in both personal and professional success.

Self-discipline helps individuals stay focused, avoid procrastination, and make steady progress toward their goals. It also supports the development of healthy habits such as regular exercise, proper sleep, and mindful eating. By strengthening resilience, self-discipline enables people to overcome challenges and remain committed even during difficult times. Emotionally, it improves relationships by encouraging patience, self-control, and better communication. Additionally, self-discipline enhances productivity by helping individuals manage time, reduce distractions, and prioritize important tasks.

Developing self-discipline involves setting clear goals, creating schedules, eliminating distractions, practicing mindfulness, and rewarding progress. With consistent practice, anyone can build this skill and use it to create positive change, handle challenges confidently, and lead a more successful and fulfilling life.

JOURNEY OF COURAGE AND SELF-DISCOVERY

My journey of self-discovery has been shaped by challenges that strengthened me and by support that helped me grow. During my school years, I faced bullying that affected my confidence, my grades, and my emotional well-being. I often felt alone and overwhelmed.

A supportive teacher noticed my struggles and encouraged me to speak up. Her guidance helped me regain confidence, stand up for myself, and reconnect with my studies. Through her kindness, I rebuilt my self-esteem, made new friends, and discovered my own strength.

This experience taught me the importance of support, courage, and believing in myself — and showed me how one person's care can truly change someone's life.



Iqra Akbar
VIII-D





DIGITAL MINIMALISM RECLAIMING FOCUS IN A DISTRACTED WORLD

Durr-e-Nayab
XI-B



In today's fast-paced digital era, smartphones, social media, and constant connectivity have become an inseparable part of our daily lives. While technology offers convenience, it also creates a cycle of distractions that affect our focus, productivity, and mental well-being. Students especially struggle because the same devices used for studying are also sources of entertainment. As a result, many fall into habits of endless scrolling, disturbed sleep, and difficulty concentrating.

Digital minimalism is a practical approach that encourages people to use technology intentionally rather than mindlessly. Popularized by Cal Newport, it doesn't require abandoning devices but instead setting healthy boundaries—using only the digital tools that add genuine value and limiting those that waste time.

The benefits of digital minimalism are significant. Students experience better concentration, improved mental health, healthier sleep patterns, more free time for hobbies and relationships, and a boost in creativity. By reducing digital noise, the mind becomes clearer and more focused.

To adopt digital minimalism, students can implement simple habits: setting tech-free study hours, turning off unnecessary notifications, replacing screen time with real-life activities, limiting social media use, and occasionally taking a digital detox.

In essence, technology should support our growth, not control it. By practicing digital minimalism, students can reclaim their time, strengthen their focus, and live more meaningful, balanced lives.

DREAMS DECODED

Afreen Rehman (XII-B)



Dreams are involuntary images, thoughts, and emotions that occur during sleep, mostly during REM sleep, when the brain is highly active. Different parts of the brain - including the visual cortex, limbic system, hippocampus, and prefrontal cortex - work together to create dream experiences.

Scientists have proposed many theories to explain why we dream: wish-fulfillment, emotional regulation, memory processing, problem-solving, and interpreting random brain activity. Dreams often reflect our waking thoughts and emotions.

Common dreams - such as falling, being chased, flying, or losing teeth - may symbolize fears, stress, freedom, insecurity, or change. Dream symbols like water, fire, snakes, or homes often represent deeper emotional meanings.

Dream-related phenomena include lucid dreaming, nightmares, sleep paralysis, recurring dreams, false awakenings, and dream incubation.

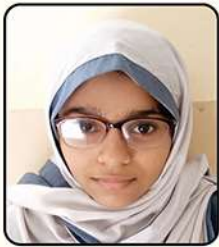
Overall, dreams help with emotional processing, memory consolidation, creativity, and understanding our subconscious mind.



Aira Sadia
XI-B

Art education should be mandatory because it plays an essential role in shaping well-rounded, creative, and empathetic individuals. Art builds important skills like problem-solving, innovation, and emotional understanding, which are useful in all careers—not just in artistic ones. Learning about art from different cultures also helps students develop empathy and see the world from new perspectives. The passage explains that history, especially the Renaissance, proves that art and science are closely connected and often inspire each other. Art education also benefits students personally by reducing stress, encouraging self-expression, and teaching perseverance. In the end, the author states that art is not optional but necessary for developing future thinkers, leaders, and responsible citizens.

THE BRIGHT BENEFITS OF MORNING SUNLIGHT



Maryam Habib
VIII-E

Starting your day with morning sunlight can have a significant impact on your overall well-being. Exposure to natural light in the early morning helps regulate your circadian rhythm, improving:

1. Sleep quality
2. Mood and energy levels
3. Focus and productivity

Take a few minutes each morning to soak in the beneficial rays of the sun -and watch your day truly brighten!



Mohammad Ahmed
IX-B

The world's very first moving picture was filmed in 1888. A Frenchman named Louis-Augustin Le Prince, who lived in England, created a movie camera and made a three-second film of horse-and-buggy traffic on a busy road. He had a patent for his machine, but he only showed the film to a few people, so the public didn't know about it for years.

"Kindness Is Mark Of Faith" Prophet Peach Be Upon Him.

THE POWER OF RESPECT WHEN WORDS REFLECT WISDOM

Warisha Zia
X-D



Today, many students see confidence as the ability to speak loudly, interrupt teachers, or challenge them openly. However, the passage reminds us that real confidence is incomplete without respect. In the past, teachers were valued not only for their knowledge but for their role as mentors who shaped students' minds and character. Respecting them was considered a natural part of learning.

The passage explains that students have every right to ask questions and express their opinions, but the way we speak matters. A right without manners becomes pride, and a voice without respect becomes noise. Examples from Islamic teachings, such as Imam Ali (RA) honoring his teacher and the sayings of Prophet Muhammad ﷺ, emphasize that respecting teachers, elders, and scholars is a sign of wisdom and maturity.

The message is clear: disrespect does not make anyone stronger or smarter. Listening with humility, speaking kindly, and valuing the guidance of teachers show true strength. Education is not only about academic achievement — it is also about developing good character. Real knowledge teaches us how to express disagreement politely and when to stay silent.

In the end, the passage encourages students to let their behavior reflect respect and humility because knowledge shines only in a heart that values others.

THE TEXTURE OF TIME

Narmeen Zafar
IX-E



Time's fabric is woven with threads of gold,
Moments and memories forever to hold.
Soft as a whisper, gentle as a breeze,
Or rough as the waves that crash the seas.
In the morning's dew, time's freshness gleams,
A new beginning, a chance to redeem.
As the day wears on, its texture changes too,
Becoming worn like a well-loved shoe.
The afternoon's warmth — a cozy embrace,
A sense of comfort, a peaceful space.
But as the evening falls, time's texture shifts,
Becoming brittle, like autumn's drifts.
Night's darkness weaves a mysterious spell,
A time for dreams, a tale to tell.
And when dawn breaks, time's fabric renews,
A fresh tapestry, for me and you.